



BINGO CHALLENGE

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WRITE A POSITIVE REVIEW (YELP, GOOGLE, FB, FREDERICK)	SEND 3 FRIENDS A CLASS	START AT A NEW STATION THAN NORMAL	TAKE A SELFIE WITH A COACH & POST TO IG OR FB	TAKE A CLASS FROM 3 OR MORE COACHES
WEAR FIT MILL GEAR TO CLASS	TAKE A SELFIE WITH A NEW FRIEND & POST ON FB OR IG	TAKE A POWER45 CLASS	BOOK 5 CLASSES IN ADVANCE	CHECK IN ON FB OR IG AND TAG THE FIT MILL
BREAK YOUR ROW WATT RECORD	(POWER45) ROW 500M IN 2:00 OR LESS	TAKE A MASHUP CLASS	NO LATE CANCELS FOR THE MONTH OF APRIL	BUY APPAREL OR TFM GEAR (HAT, WATER BOTTLE, ETC.)
TAKE 5 CLASSES IN ONE WEEK	WRITE A THANK YOU MESSAGE FOR ANY COACH ON THE BOARD	BRING A FIRST-TIMER TO CLASS	TELL A COACH ABOUT A NON-SCALE VICTORY	IF YOU HAVEN'T ALREADY, BREAK 200 WATTS ON ROW
BIKE 2+ MILES IN ONE CLASS	TAKE A TOTAL BODY CLASS	JOIN REFERRAL PROGRAM	POST A SWEATY SELFIE TO FB OR IG AND TAG US	TAKE A WEEKEND CLASS
FOLLOW US ON INSTAGRAM (@THEFITMILL)	UPGRADE YOUR MEMBERSHIP or GET A FRIEND TO DO 10 FOR \$35	TAKE A HARDCORE CLASS	HIGH FIVE 3 TFM MEMBERS	COMPLETE COACH'S BONUS FINISHER!